



Community Health Center Bilha

District - Bilaspur (C.G.)



THE FIRST COMPLETE BLOCK LEVEL FRU IN THE STATE

The NRHM has been launched in the country in 12 April 2005 .the main objectives of the NRHM is to provide quality health services to the rural people and to decrease the IMR,MMR,TFR and the mortality due to malaria ,dengue etc specially in the remote far-flung areas of the country with special emphasis on downtrodden people. our state CG did much efforts to fulfill the said objects by various means as mitanins, mmv, swasthya panchayat yojana, JDS , FRU etc but the success was marginal due to lack of commitment , seriousness and improper planning.

The number of FRUs were increased form 32 to 96 but no one has the clear concept of FRU and yet neither a single FRU is complete in its full manner with a full-fledged OT, Neonatal stabilization unit, a blood storage center and referral transport service in any block level CHC of the state and even in many district hospitals. The overall facilities of a FRU is not there in place



We did an effort to establish a complete operational FRU in a block of our district Bilaspur .First we established a good OT for quality management of all other emergency obstetric care including cesarean sections to support the needs of the patients then blood storage centre and now a neonatal stabilization unit with Feeding Corner from mother and a separate Nursing Station.

We have a well equipped labor room with new born care corner to deal all essential obstetric care.



The other services available in the centre are comprehensive primary health care approach as regular 24 hrs institutional normal and assisted delivery services, provision of safe abortion services (MTP), diagnosis and management of RTIs/STIs with an ICTC (photo) with regular HIV and VDRL counseling & testing facility, full range of family planning services including sterilization services on a fixed day of the week (CTT – Thursday, LTT- Wednesday and NSVT on all working days subject to availability of cases) emergency referral transport service as Mahatari express seva ,

promotion of skilled assistance at birth. regular entire range of general & basic



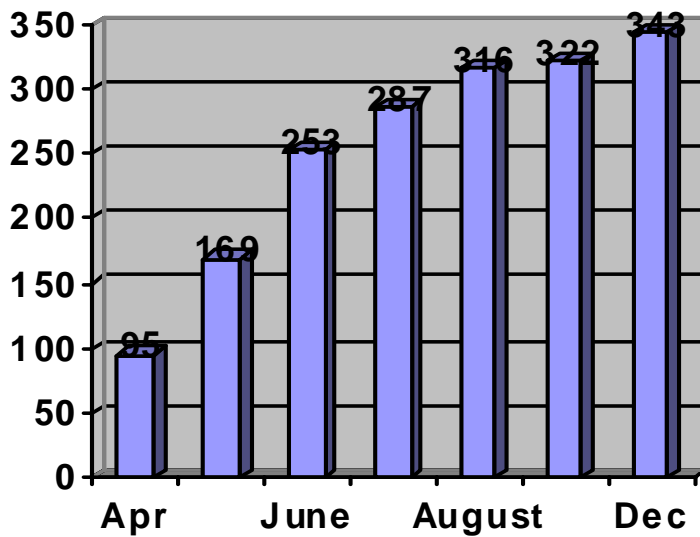
surgical services, essential laboratory services in a good pathology lab(photo) and digital X-ray facility, mitanin help desk and all emergency services round the clock including medico legal services.

The CHC is providing all the national health programme viz. RNTCP (TU), NLEP, NVBDCP, NPCB, IDSP, AIDS-CP etc.

The OPD nos are increased ,IDs are increased with these improved services .We are providing quality ANC service package with regular Hb and urine examination facility in entire district . We are planning the mandatory sickle cell test and single prick HIV test for all pregnant women since 1st of April 2010 in total district. Our eventual aim is to provide institutional delivery or safe skilled assistance delivery to all with regular 24x7 emergency referral transport. We have the sustained motivation, support, incentives and rewards system as a regular practice in our district. This Republic Day



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(2010) Dr. Geeta Pradhan received best Medical Officer working in rural area, award from Hon'ble Speaker Vidhan Sabha.

Our team at Bilha includes ...



Dr.C.P.Agrey
MBBS, DOMS
BMO



Dr.Praksh Ghodeswar
MBBS, DA
Aneshth



Dr.Bhagwati prasad Chandra
MBBS, DCH
Child Specialist



Dr. Sharad Garewal
MBBS, MS
Surgical Specialist



Dr.Manmeet Thawait
MBBS
Blood Bank Officer



Dr.Geeta Ohdar
MBBS, DGO
PGMO



Dr.Devesh pradhan
MBBS
RTI/STI MO

We have been able to achieve this success with commitment from our dedicated team . District administration Bilaspur has constant guidance for our work and achievement. The Unicef has regular support in working this concept and they have always support us in equipment and capacity building. Still lots to do. Our future plan is to develop CHC Gourela/ Sanatorium Gourela as the second complete FRU of the district before the 6th birth day of NRHM, next to that is operationalization of remaining 2 FRU by the end of 2010.

We have a vision for our district which not fulfilled yet. Our ultimate goal is to provide the comprehensive health facility to the last person of the society by transforming the public health system in to an accountable, accessible, available and affordable system of quality service.



Office of the Chief Medical and Health Officer, Bilaspur (C.G.)